





day service, and group home,

in 3 areas in Kami-cho.

#### Kami-cho, Mikata-gun, **Hyogo Prefecture**

Kami Cho is located in the north area of Hyogo Prefecture. It is an area surrounded by Mother Nature embracing the ocean, mountains, and rivers.

The town is a part of the San'in Kaigan UNESCO Global Geopark.





# Work and rest days schedule for the week

Male in his 20s

Male III IIIS 203							
time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Rest day	At work	At work	Night shift	Rest day	Rest day	At work
7:00	4:00~6:00 Running					Dating	
8:00	Helping the house			Running	At work	Driving Sea bathing	
9:00	Car wash				Punning	cycling	
10:00	Fishing			Muscle training Game TV	Running Game		
11:00			At work				
12:00	Shopping	At work			Sleep		ما میں م
13:00	with friends	/ LE WOTK		Sleep			At work
14:00						Helping	
15:00						the house	
16:00						farm work cleaning	
17:00	Eating out					sweets making	
18:00			Running			winter time	Running
19:00	6 35		Muscle training		Shopping	snow removal	
20:00	Muscle training	M		At work	with friends	<ul><li>from 4 o'clock</li><li>from 10 o'clock</li></ul>	
	Game SNS	Muscle training Game SNS	Game SNS		Eating out	·from 17 o'clock	Game SNS

Work day





**◆**Off day

Able to balance work and private life











## WORK AT THE FACILITY

Creating a living space that is as close to home as possible

"If I were you, I would want you to do this" should be the basis of your care. If you're worried, if you're lost...

I want to respect human rights.

NURSING CARE CLOSE TO RESIDENTS



# LIVING CONDITION

Housing close to work
We support them in
a comfortable environment.









#### Inside the facility



working environment





## Events at Kobushien

While doing various activities such as calligraphy and gardening, we enjoy interacting with each other.









On my days off,

I can go to Osaka or Kyoto.

About 3 hours by train or bus.

Kinosaki Onsen is an hour

away by car.

# Kinosaki Onsen

## We are looking forward to seeing you all. Please feel free to contact us with any concerns.

## http://kobushinosato.jp/

https://www.facebook.com/mikatakobushinosato/ muraokakobushien@nike.eonet.ne.jp







